

Personal Profile

Dr. Swapna Ray Barma

Qualification: M.P. Ed, N.I.S. in Athletics

Designation: Assistant Professor

Teaching Experience: 16+

Research Experience (in years): Nil

Date of Joining in WBES: 21/04/2007



Research and Academic Contributions

A. Published papers in Journal

Sl. No.	Title with page no.	Journal	ISSN/ISBN No.	Whether peer reviewed/Impact factor, if any	No. of Co-author	Whether you are the main author
1.	Health Status and PhysicalCommunities of North Bengal (Page No. 01-09)	IJPEHS Vol.2	ISSN-2278-716X	Online Journal	Nil	Yes
2.	A study on motor fitness.....of middle- aged women (Page No. 81-84)	IJHPEC SS (Vol.11)	ISSN-2231-3265	Impact factor-0.624	Nil	Yes
3.	An assessment of haematological..... working women (Page No..09-12)	IJHPEC SS (Vol.11)	ISSN-2231-3265	Impact factor-0.624	Nil	Yes
4.	A comparative study of health and nutritional.....of North Bengal (Page No. 35-40)	IJOBSS Vol.2	ISSN-2277-7547	Double blind peer reviewed	One	Yes
5.	A comparative study of physiological.... working women (Page No.40-43)	HP-IJHSPE Vol,3	ISSN-2278-2982	Double blind peer reviewed	One	Yes
6.	Extraversion and Agreeableness: Comparison.....physical capabilities (Page No.84-88)	IJHPEC SS (Vol.16)	ISSN-2231-3265	Impact factor-1.937	Nil	Yes
7.	Comparative analysis on extraversion and consciousness.....sede	IJMESS Vol,4	ISSN-2321-3775	Online Journal	Nil	Yes

	ntary women (Page No. 42-44)					
8.	Physical exercise and its benefits (Page No. 22-24)	Ekalavya Special issue	ISSN-2395-3276	-	Nil	Yes
9.	Innovative response on big five.....labourer women (Page No. 10-13)	IJHPEC SS (Vol.31)	ISSN-2231-3265	Impact factor-5.115	Nil	Yes
10.	The effect of yoga programme on mindfulness (Page No. 177-181)	Yoga and Wellbeing	ISBN-978-93-5391-909-2	Proceedings Vol. of ICSSR	One	Yes
11.	Study on cardiovascular efficiency..... physical fitness components (Page No. 177-180)	IJHPEC SS (Vol.38)	ISSN-2231-3265	Impact factor-7.217	Nil	Yes
12.	A study on athletes rights: find out the human rights	IJAHS S Vol.07	ISSN-2582-1601	International Journal	Nil	Yes

B. Books published

Sl. No.	Title	Type of book	Publisher	ISSN/ ISBN	No. of Co-author	Whether you are the main author
1.	Adhunik Saririkshaya Management	Text Book	Classique Books	ISBN-978-81-87616-91-7	Nil	Yes
2.	Saririkshaya Gabesana O'Parisangkhan	Text Book	S.B. Publisher	ISBN-978-93-84667-36-8	One	No
3.	Saririkshaya Sangathan O' Prashasan	Text Book	Classique Books	ISBN-978-81-951650-4-9	Nil	Yes

C. Training Courses

Sl. No.	Programme	Duration	Organisation
1.	Orientation Course	28 days (8 th May to 4 th June'2010)	Academic Staff College, University of Burdwan

2.	Refresher Course	21 days (22 nd August to 11 th September,2012)	Academic Staff College, University of North Bengal
3.	Refresher Course	21 days (1 st November to 26 th November 2018)	Human Resource Department Centre, Jadavpur University
4.	National Workshop	7 days (19-25) June 2019	Department of Physical Education, University of Kalyani
5.	Refresher Course	21 days (07-20) June 2023	Teaching Learning Centre, Tezpur University
6.	Faculty Development Programme	6 days (25-30) September 2023	Banarsidas Chandiwala Institute of Professional Studies, Sector-II, Dwarka, New Delhi.

D. Paper presented in conferences/seminars

Sl. No.	Title of the paper	Title of conference	Organised by	Level
1.	HRF status and body profiles middle-aged women	National Seminar on new challenges for Physical Education and Sports Sciences	Post Graduate Govt. Institute for Physical Education, Banipur, West Bengal	National level
2.	A comparative study of physiological variables.....of North Bengal	Sports medcon-2012	Department of Physical Education, University of Kalyani	State level
3.	A study on physiological health....of three different communities	UGC Sponsored National seminar on Sustainable development.... in 21th Century	Department of Physical Education, Union Christian Training	National level

			College, Berhampore	
4.	Study on psychological health.....of middle-aged women	24 th National Conference of Sports Psychology on Sports and Exercise Psychology	Department of Physical Education, Visva Bharati	National level
5.	Relationship between skill related fitness....in North Bengal	Pan Asian Society of Sports and Physical education	Department of Physical Education, Visva Bharati	International level
6.	Comparative study of ABO blood group.....women	1 st WBCIPE National Seminar on latest trends and challenges for Physical Education and Sports	Govt. College of Physical Education for Women, Dinhata, Cooch Behar	National level
7.	Study of relationship on selected psycho-physiological.....working women	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga	Department of Physical Education, Mahisadal Girl's College, Purba Medinipur	International level
8.	Impact of Environmental Factors on Sports Performance	IQAC Sponsored International Seminar on "Multidimensional Approach in Teacher Education"	Department of Physical Education, Union Christian Training College, Berhampore	International level
9.	Utility of Ethical Value of Sports Management	National Seminar on Nationalistic Concept of Sanskrit literature	Department of Sanskrit, Sitalkuchi College, Cooch Behar	National level

10.	Impressions on Anxiety at Inter-college Athletic Meet	International Conference on Physical Education, Yoga and Sports Science in 2020's Era	State Institute of Physical Education for women, Hastings House, Kolkata	International level
11.	A Study of Selected Blood Composition in Relation to Physical and Mental Health Status Among Sedentary and Labourer Women in West Bengal	International Conference on Physical Education and Sports Science (ICPESS 2023)	Manipal Academy of Higher Education, Manipal, Karnataka	International level

E. Invitee lectures/Chairing the Session

Sl. No.	Title of the lecture/academic session	Title of Conference/Seminar	Organized by	Level
1.	Chairperson	1 st WBCIPE National Seminar on latest trends and challenges for Physical Education and Sports	Govt. College of Physical Education for Women, Dinhat, Cooch Behar	National level
2.	Chairperson	One day National Seminar on "Scientific Approach and Technical Analysis for the Development of Soccer"	Department of Physical Education, Paschim Medinipur College	National level

3.	Chairperson	Yoga and Wellbeing- The Proceeding Volume of ICSSR Sponsored National Seminar on Comprehensive impact of Yoga, Meditation and Social Wellbeing in 21 st Century	Department of Physical Education, Union Christian Training College, Berhampore	National level
4.	Co-chairperson	International Conference on Physical Education, Yoga and Sports Science in 2020's Era	State Institute of Physical Education for Women, Hastings House, Kolkata	International level
5.	Chairperson	International Conference on Physical Education and Sports Science (ICPESS 2023)	Manipal Academy of Higher Education, Manipal, Karnataka	International level